

franklin & sons

Sicilian Lemon and English Elderflower

With crushed juniper

Ginger Beer

With malted barley & a squeeze of lemon

Dandelion and Handpicked Burdock

With Star Anise

fizzy

Coke Draught £2.99 - Refill for just £1.00

Diet Coke Draught £2.99 - Refill for just £1.00

Lemonade Draught £2.99 - Refill for just £1.00

Appletiser Bottle £3.05

j2o's

Apple & Mango £2.99

Orange & Passion Fruit £2.99

Apple & Raspberry £2.99

100% fruit juices

Apple £2.49

Orange £2.49

Grapefruit £2.49

Pineapple £2.49

Cranberry £2.49

teas

English Breakfast £3.29 Pot £1.99 Mug

Earl Grey £3.79 Pot £2.29 Mug

Mint £3.79 Pot £2.29 Mug

Camomile £3.79 Pot £2.29 Mug

Fruity and Herbal Tea £3.79 Pot £2.29 Mug

Green Tea £3.79 Pot £2.29 Mug

coffees

Espresso £1.99
Single shot of coffee

Double Espresso £2.49
Double shot of coffee

Long Black Americano £2.29
Single shot topped up with water

Flat White £2.49
Double shot topped up with hot milk

Cappuccino £2.49
Double shot topped with steamed and frothed milk, dusted with chocolate

Latte £2.49
Single shot with steamed milk

Mocha £2.79
Single shot of coffee and shot of chocolate, topped with steamed milk and dusted with chocolate

Macchiato £2.29
Double shot topped with frothed milk in a short cup

white wine

175ml 250ml Bottle
Ca' di Ponti Catarratto, Italy £4.35 £5.60 £14.65
Rounded honey flavoured white wine,
balanced by lemony acidity

Pinot Grigio-Garganega, Italy £4.65 £6.25 £16.65
Lightly aromatic, ripe citrus and apple

Sauvignon Blanc, Pasquiers,
Vins de Pays d'Oc 2015, France £19.20

Chardonnay, Bellefontaine,
Vins de Pays d'Oc, France £19.70
Unoaked Chardonnay, clean, fresh and full of flavour

rosé wine

175ml 250ml Bottle
Ancora Rosato, Monferrato £4.55 £6.05 £15.65
Chiaretto, Italy

Classical Italian aromas of red fruit and
cherries, with a hint of tannin

Pinot Grigio Blush, Principato, Venezie, Italy £19.20

red wine

175ml 250ml Bottle
Garnacha, Bodegas £4.25 £5.60 £14.65
Borsao, Spain

Juicy bramble fruit with a hint of spice

Sangiovese di Puglia, £4.65 £6.25 £16.65
Ancora Rosso, Italy
Medium bodied, red berries and damson fruit

Merlot, Les Oliviers, Vins de Pays, France £18.65
Intense fruit aromas with a touch of pepper, supple and
smooth with a rich finish

Rioja, Vega Piedra, Spain £19.20
Soft and approachable with ripe berries and long finish

bubbles

Bottle
Lunetta Prosecco Spumante, Venezie, Italy £24.50
Light and fruity, hints of apple and peach.
Fresh, soft and sparkly

£2.49
Lunetta Rosé Spumante, Trentino, Italy £24.50
Beautiful cherry pink with red berries make this a stunner

£2.29
Champagne Charles Chevalier £36.45
Brut d'Honneur, Ay, France

£2.49
Classic Champagne but more affordable than most

£2.49
Champagne Charles Chevalier £42.50
Brut d'Honneur Rosé, Ay, France
Fine mousse and an attractive pink colour, fruity with ripe
strawberries and vanilla

hot chocolate

the Kitchen Hot Chocolate £2.99
Steamed chocolate with marshmallows

The Kitchen

restaurant • bar • café



menu



In the Kitchen we make everything fresh to order, we use mainly local suppliers and source local products where possible.

We are open daily from 9am till late. We do take bookings for two people to 200. To make an enquiry speak to a member of our team or visit our website: www.thisisthekitchen.co.uk

starters

Homemade Soup (gf) (v sometimes, ask your server) £4.99

We make our soup from fresh seasonal ingredients and serve it with freshly baked bread. Please ask for today's flavour.

Goat's Cheese Bruschetta (v) (gf) £5.79

Grilled goat's cheese with balsamic glaze on sourdough bread.

Garlic Mushrooms (v) (gf) £5.49

Served on toasted sourdough bread. (add stilton for 99p)

Prawn Cocktail (gf) £6.29

Prawns in a classic Marie Rose sauce on shredded lettuce.

Crumbed Brie & Cranberry Sauce (v) £5.99

A breaded Brie wedge served with cranberry compote and dressed salad leaves.

Homemade Chicken Liver Pate (gf) £5.99

Spiked with brandy and green peppercorns, served with toasted sourdough bread.

Garlic Bread (v) £3.49

(add cheese for 50p)

ploughman's and salads

Kitchen Ploughman's (gf) £11.29

Home baked ham, chicken liver pate, grapes, pickled onions, celery and cheddar cheese with chutney and freshly baked bread.

Kitchen Caesar Salad (v) (gf) £6.29

Mixed salad leaves, free range egg, roasted capers, Caesar dressing and shaved Italian hard cheese.

Kitchen Garden Salad (v) (gf) £6.29

Mixed salad leaves, cucumber, celery, red onion, tomato and croutons with our herbed Kitchen dressing.

Add a topping to our Caesar or garden salad

Add Prawn Marie Rose Sauce (gf) £5.99

Add Pole Line Caught Tuna and Mayonnaise (gf) £4.99

Add Homemade Cooked Ham (gf) £4.99

Add Roast Chicken (gf) £4.99

Add Goats Cheese (gf) £4.99

kid's menu

perfect for kids up to 10 years

Picnic Plate (gf) (v option) £4.99

A choice of crustless finger sandwiches (home cooked ham, tuna mayonnaise, free range egg mayonnaise or cheddar cheese), served with raw vegetable strips, sausage bites with tomato relish, crisps and fresh fruit.

Macaroni Cheese (v) £4.49

With baked beans or peas.

Homemade Beef Burger on a Seeded Bun & Chips £4.49

Cod Fish Fingers £4.49

Served with chips, garden peas or baked beans.

kid's puddings

Vanilla, Chocolate or Strawberry Ice Cream (gf) £1.99

Chocolate Brownie with Vanilla Ice Cream (gf option) £2.49

Strawberry Jelly and Ice Cream £2.49

the Kitchen roast

You can get a delicious roast everyday at the Kitchen.

All our meat and poultry is sourced from local farms and is served with all the trimmings including fresh seasonal vegetables.

Our roasts are cooked lunchtime and dinnertime and are available on a 'first come, first served' basis.

See server for gluten free options.

Roast of The Day £10.79

build your own burger

Homemade Beef Burger and Chips (gf) £10.79

With red onion, tomato and mixed salad leaves.

Add Cheddar cheese or a fried egg £1.29

Add Stilton cheese, chilli, bacon, or onion rings £1.49

Add an extra patty £3.99

fish

Traditional Beer Battered Fish and Chips £10.79

Served with mushy or garden peas, chips and homemade tartare sauce.

Gluten Free Battered Fish and Chips (gf) £10.79

Our homemade gluten-free batter cooked in Rapeseed oil in a separate fryer & served with mushy or garden peas, chips and homemade tartare sauce.

Scampi and Chips £11.79

Served with either mushy peas or garden peas, chips and homemade tartare sauce.

Locally Sourced Little Sausages and Mash £4.49

Served with garden peas or baked beans.

We're happy to swap mash for chips.

the Kitchen Kid's Roast £5.99

See server for today's roast.

Scampi & Chips £4.49

Chips and garden peas.

Ham, Egg & Chips (gf) £4.49

Thick cut ham, one fried free range egg, chips and garden peas.

Dunking Doughnuts £1.99

Served with your choice of raspberry or chocolate dipping sauce.

Fruit Pot £0.99

(gf) This dish is either gluten free or is available as a gluten free option on request

(v) Suitable for vegetarians. (n) Contains nuts.

As gluten and nuts are present in our Kitchen, we are sorry we cannot guarantee any product is 100% free of these items.

mains

Locally Sourced Sausages and Mash £10.49

Served with rich onion gravy.

Homemade Mexican Chili £10.99

Served with rice, sour cream and tortilla chips.

Home Cooked Ham, Eggs and Chips (gf) £10.79

Thick cut ham, two fried free range eggs, chips and garden peas.

Hunters Chicken £10.99

Chicken topped with cheese, bacon and BBQ sauce, served with skinny fries and coleslaw - (gf - without BBQ sauce)

Lambs Liver (gf - optional) £10.99

Served with bacon, mash and gravy.

Steak Pie £10.79

Served with a choice of potatoes and seasonal vegetables.

Beef Stew with Horseradish (or plain) Mash (gf) £10.79

Our head chef's own recipe, tastes wonderful with her horseradish mash but if you would prefer plain buttered mash just tell your server.

Macaroni Cheese (v) £8.49

(add bacon for £1.49)

Baked Beef Lasagne £10.99

Served with skinny fries and dressed salad leaves.

Roast Vegetable Lasagne (v) £10.99

Served with chips and dressed salad leaves.

Aubergine, Butternut Squash and Walnut Bake (v) (n) £10.99

Roasted vegetable and aubergine bake on a tomato sauce base topped with a cheese sauce with a walnut crumb, served with fresh seasonal veg and a choice of potatoes.

sides

Mixed Olives (v) (gf) £2.29

Skinny or Chunky Chips (v) (gf) £2.99

Kitchen Garden Salad (v) (gf) £2.99

Coleslaw (v) (gf) £1.99

Garlic Bread (v) £3.49

Garlic Bread with Cheese (v) £3.99

Bread & Butter (gf) (v) £1.99

A Pot of Gravy (gf - optional) £0.99

Seasonal Vegetables (v) (gf) £2.99

Onion Rings (v) (gf - optional) £3.29

Baked Beans £1.49

Peas £1.49

puddings

Ice Cream (gf) £3.49

Choose from vanilla, chocolate or strawberry.

Sticky Toffee Pudding (n) £5.49

Served with your choice of cream, ice cream or custard.

Warm Chocolate Brownie (n) (gf) £5.49

Served with chocolate sauce and vanilla ice cream.

Chocolate Banoffee Meringue (gf) £5.49

Nana Split (n) £5.49

Banana, waffle pieces, vanilla ice cream and toffee sauce.

Homemade Bread & Butter Pudding £4.99

Served with your choice of cream, custard or ice cream.

grills

Steak and Chips (gf) £12.99

6oz sirloin steak with chips, onion rings, grilled tomato and garden peas.

Add Peppercorn, Béarnaise sauce £1.99

Add Stilton sauce £2.29

Add Gravy £0.99

Light Bite Gammon Steak (gf) £9.99

5 oz gammon steak served with peas, tomato, chips and topped with egg or pineapple (or both add £1.00)

Half Rack of Smoky BBQ Ribs £10.99

Served with homemade slaw and fries.

Full Rack of Smoky BBQ Ribs £16.99

Served with homemade slaw and fries.

Chicken breast + Half Rack of Smoky BBQ Ribs £16.99

Served with homemade slaw and fries.

Mixed Grill £18.99

Steak, chicken breast, gammon steak, locally sourced sausage, free range egg, onion rings, flat field mushroom, tomato, peas & chips.

Add Liver £1.49

sandwiches

All our sandwiches are made to order. Choose from white or multigrain bloomer bread or rustic sourdough baguette. Sandwiches are not served after 7pm.

the Kitchen Fish Finger Sandwich £6.99

Free Range Egg Mayonnaise and Salad Leaves (v)(gf) £5.29

Cheddar Cheese with Tomato (v)(gf) £5.29

Brie with Grapes (v)(gf) £5.99

Goat's Cheese and Red Onion Chutney (v)(gf) £6.29

Tuna and Mayonnaise with Salad Leaves (gf) £6.29

Prawns in Marie Rose Sauce £7.29

with Crisp Lettuce (gf)

Home Cooked Ham, Wholegrain Mustard and £6.29

Tomato (gf)

add a mug of soup, chips or salad £2.49

Add a mug of homemade soup, a small portion of skinny chips or side salad to your sandwich for £2.49 each.

Kitchen "BLT" ciabatta

Bacon, Lettuce, Tomato and Mayonnaise £10.49

Served in a warm ciabatta with chips.

Apple and Blackberry Crumble £5.49

Served with your choice of cream, custard or ice cream.

Chocolate Fudge Cake (n) £4.99

Dunking Doughnuts £4.99

Served with your choice of raspberry or chocolate dipping sauce.

Kitchen Cheese Board to Share (gf) £7.49

A selection of British cheeses served with chutney, celery, grapes and crackers.